

Living Bridges

What is my deepest longing, change I'm working towards, or vision of liberation I want to see?

| Where do I come from? | The Power I bring to this Moment | Visions for the Future |
|--|---|---|
| <p>Grounding</p> <ul style="list-style-type: none">• Ancestors, elements, plants trees, places that I'm connected to.• Values and practices that ground me, give me purpose.• What parts of my legacy am I consciously working to reconnect with? How? Why? <p>Going Deep</p> <ul style="list-style-type: none">• What is my family's immigration story?• What are my family's lineages of supremacy, oppression?• What parts of my legacy am I consciously working to change/dismantle? How? Why? | <p>Grounding</p> <ul style="list-style-type: none">• What are my strengths?• What are the strengths I bring to my relationships with family/community/work?• What are the stories/anecdotes that keep me sustained?• What am I most proud of? <p>Going Deep</p> <ul style="list-style-type: none">• How do I differ from the communities I work with and what does that mean for my work?• What does their agency look like in our partnership?• What does my accountability look like?• How do I want to be supported?• How do I need/want to grow? | <p>Grounding</p> <ul style="list-style-type: none">• People I'm connected to that I'm passing my skills/knowledge onto.• People I'm building with.• Skills or values I am passing along.• Liberation will look like _____• What goals/visions do I have for myself? <p>Going Deep</p> <ul style="list-style-type: none">• How has my engagement in prevention work transformed my visions for the future?• What am I actively doing to work myself out of a job?• What does centering community expertise mean to me? |
| What is the thing(s) that has gotten in the way of what I want to do? | | |

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The Power I bring to this Moment

Visions for the Future

Prevention: What is the thing I'm trying to prevent/stop?