



*Tillamook County  
Women's Resource Center*

### Improving Health for Intimate Partner Violence Survivors in Tillamook Co.

Increase the safety and wellbeing of survivors of intimate partner violence (IPV) through partnerships between local health care systems and community advocates. TCWRC mission is to eliminate domestic and sexual violence in Tillamook County.

#### Contact Us

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#### Learn More

www.tcwrc.net  
[http://www.doj.state.or.us/victims/pages/safer\\_futures.aspx](http://www.doj.state.or.us/victims/pages/safer_futures.aspx)

#### How we are making change

Working with us can improve health outcomes and lower health costs for your patients experiencing IPV.

- Patient Centered, Trauma Informed Care
- Safety Assessment & Planning
- Education & Support

- Increased Safety
- Increased Self-efficacy
- Reduced chronic, toxic Stress

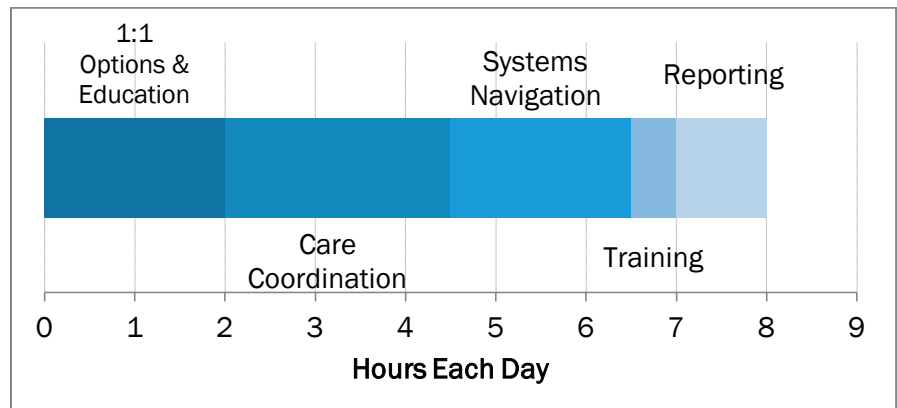
- Improved Health
- Reduced Health Costs

"This was a short intervention that took almost no time on my part, but the referral made a huge difference for the patient." -Provider, who referred her patient to the advocate. The patient thanked her provider for it at the 6 month check-up.

At least one in four Oregon women and girls will experience intimate partner violence (IPV) in her lifetime. IPV is linked to as much as \$163 million in medical and mental health costs for a state, but little is spent on prevention<sup>1</sup>. However, programs with advocates educated in the signs of IPV can play a significant role in decreasing its occurrence<sup>2</sup> and thereby decrease the associated health costs.

#### What Tillamook Co. Women's Resource Center does

Our program operates Monday through Friday from 9 am to 5 pm and operates a 24 hour helpline. Every day is different, but we spend most of our time on these five activities:



\*Systems navigation includes the advocate supporting the survivor in visits to other social service system resource: criminal justice systems appointments, medical referrals, legal or housing resource support visits, and other systems.

#### What your patients experience

We work with you to receive patient referrals from your providers to our advocates and refer individuals from our advocates to your providers. This is our process:



1. Reimbursement for domestic violence advocacy services provided to members of Oregon's coordinated care organizations. (2016, July 22). *Health Management Associates: HMA Community Strategies*, 1-13.  
2. Sharps, P. W., Bullock, L. F., Campbell, J. C., Alhusen, J. L., Ghazarian, S. R., Bhandari, S. S., & Schminkey, D. L. (2016). Domestic violence enhanced perinatal home visits: the DOVE randomized clinical trial. *Journal of Women's Health*, 1-10.